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1	Fiday Lunch Club (Age Concern)	Support to the elderly	Masonic Hall , Station Road, Bentham	Fridays 10am-2.30	Sue Halsall	015242 62083	sue.halsall@yahoo.co.uk	https://www.ageuk.org.uk/northern-ireland/about-us/local-services-search/groups/age-concern-bentham-england/	Over 60's	Support	BEN
2	Bat and Chat	Games and Badminton	Low Bentham Victoria Institute	Thursdays 10-12 in Term time	Kay Piper	015242 61977	kay.piper@outlook.com	-	Everyone	Social	BEN
3	Bentham Agricultural Show	Annual show	Bentham Auction Mart	1st Saturday in September	Janet Greenwood	075307 98221	benthamshow@hotmail.com	https://www.facebook.com/Bentham-Agricultural-Show-1473196756282636 www.nwshows.co.uk/shows/bentham-agricultural-show	Everyone	Social	BEN
4	Bentham area refugee Support Group	promote welcome for refugees, offer practical support and respite weekends, and to lobby for refugee rights	Various, usually in Looking Well, Bentham		Maggie Bruno	015242 61616	annieligan@cooptel.net davidmaggiebruno@gmail.com		Everyone	Support	BEN
5	Bentham Art for all	A quiet painting group for the community. Some materials provided	Pioneer projects, looking well studios.	Wednesdays 2-4pm	Lynda Graveson	015242 62672	office@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Everyone	Social	BEN
6	Bentham Beagles	Running Club	Playing fields but moving to golf club	Tuesdays and Thursdays 7pm at playing fields	Janet Monaghan	07743 481538	Benthambeagles@live.co.uk	http://www.benthambeagles.co.uk/	Everyone	Society	BEN
7	Bentham Beagles pups	Junior Running Club	Playing fields but moving to golf club	Thursdays in Term time at playing fields	Janet Monaghan	07743 481538	jm@clarkemonaghan.co.uk	http://www.benthambeagles.co.uk/	6-12 yr olds	Society	BEN

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8	Bentham Book Group	Reading, Social, Discussion and Chat	Bentham Community Library	2nd Tuesday of the month 2pm	John Frankland via Bentham Community	015242 62672 01609 534533	library@pioneerprojects.org.uk	https://www.northyorks.gov.uk/Bentham-community-library	Everyone	Social	BEN
9	Bentham Carers group for those living with Dementia	Support for carers. A relaxed safe and informative environment for people living with dementia	Pioneer projects, looking well studios library	First Monday of the month 10.15 to 12.15	Lynda Graveson	015242 62672	office@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Carers for those living with Dementia	Support	BEN
10	Bentham Carnival	Annual Gala event		May/June	Mike Redfern	07966 151924	studio42arts@gmail.com	-	Everyone	Social	BEN
11	Bentham Community Library	Information, E Books, Online resources, Local studies, Free Wifi, Home library, Storytimes, Reading groups, homework clubs, Bus passes, room hire etc	Pioneer projects, looking well studios library.	Mon 2.30-5pm, Wed 10-2pm, Fri 2.30 – 4.30, Sat 10-12	Librarian on duty	015242 62672 or 01609 534533	library@pioneerprojects.org.uk	https://www.northyorks.gov.uk/bentham-community-library	Everyone	Information	BEN

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12	Bentham Creative art for those living with dementia - Bentham	The group offers a range of creative activities where taking part builds confidence, friendships form and new skills are developed	Pioneer projects, looking well studios CONTACT FOR TIMES	Mon AM	Lynda Graveson	015242 62672	office@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Those living with Dementia	Support	BEN
13	Bentham Creative writing group	Volunteer led group to share ideas and pick up new ideas and skills	Pioneer projects, looking well studios Library.	Tuesdays 11.30 -1pm	Lynda Graveson	015242 62672	office@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Everyone	Social	BEN
14	Bentham and district Dementia Friendly Community	Run events and increase awareness	Based at the Bentham Medical centre	Monthly meetings	John Scott	015242 61202		www.benthamgolfclub.co.uk	Everyone	Charity	BEN
15	Bentham Emergency Plan	Emergency plan for Bentham area					townclerk@benthamtowncouncil.co.uk	-	Locals	Support	BEN
16	Bentham Film Group	Filmshows	Bentham Town Hall	Usually 3 rd Friday of the month. 8pm. See Bentham News for details	John Vandy	015242 62083	john.vandy@zoho.com	http://www.tramps.org.uk/events/n/tramps/home.html	Everyone	Society	BEN
17	Bentham first responders	Medical Help					-		Everyone	Health	BEN
18	Bentham footpath group	Group walks of 5 to 11 miles	Most walks start at Lairgill car park	9.30 am	David Toft	015242 62570	david@davidtoft.plus.com	-	Everyone	Society	BEN

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19	Bentham for Bees	Bee keeping and welfare			John Vendy	015242 62083	johnvendy@yahoo.co.uk	-	Everyone	Information	BEN
20	Bentham Golf Club	Golf for all	Robin Lane, Bentham	7 days a week, Juniors Tues Night. Driving range (summer)	Isabel Marshall	015242 62455	golf@benthamgolfclub.co.uk	www.benthamgolfclub.co.uk	Everyone	Society	BEN
21	Bentham Golf Club	Jazz night	Robin Lane, Bentham	3 rd Wednesday 7pm	Isabel Marshall	015242 62455	golf@benthamgolfclub.co.uk	www.benthamgolfclub.co.uk	Everyone	Society	BEN
22	Bentham Golf Club	Rooms for hire	Robin Lane, Bentham		Isabel Marshall	015242 62455	golf@benthamgolfclub.co.uk	www.benthamgolfclub.co.uk	Everyone	Venue	BEN
23	Bentham Horticultural Society	Horticultural issues			Robert Sankey	07739 658058	rosankey@aol.com		everyone	Society	BEN
24	Bentham Keep Fit	Keep fit classes	NOT RUNNING AT PRESENT						Everyone	Health	BEN
25	Bentham Medical Practice	Health care	Grasmere Drive, High Bentham and High Street, Ingleton	Monday to Friday, 8am to 6:30pm, Kendal Out-of-hours service when surgery closed	Reception	015242 61202	-	www.benthamsurgery.org.uk/	Everyone	Health	BEN
26	Bentham Methodist Church	Sunday services and Halls for Hire for events	Station Rd Bentham	Sundays 10.30 am and 6.30pm	Stephen Caddy	015242 61257	stephen.f.caddy@gmail.com	http://www.settlemethodistcircuit.org.uk/high-bentham	Everyone	Faith	BEN
27	Bentham Methodist Church	Hall for hire	Station Rd Bentham		Anne Duncan	01524 64930	stephen.f.caddy@gmail.com	http://www.settlemethodistcircuit.org.uk/high-bentham	Everyone	Venue	BEN

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28	Bentham Netball Club	Netball training and matches		Wednesdays	Caroline Ellershaw		-	-	Everyone	Society	BEN
29	Bentham News	Local news and Adverts, Audio CD available			Denise Henshaw	07770 801591	info@thebenthamnews.co.uk		Everyone	Information	BEN
30	Bentham NSPCC	National Society for the Prevention of Cruelty to Children			Susan Adams	015242 61182	-	-	Everyone	Charity	BEN
31	Bentham Pioneer Projects Community Art Shed	Supports local community in contributing creatively to community events as well as allowing individuals to develop their own creative practice.	Drop in session looking well studios.	Thursdays in term time 1-4pm	Lynda Graveson	015242 62672	office@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Everyone	Social	BEN
32	Bentham Pioneer Projects, Mental Health & Wellbeing Hub	Friendly supportive group led by an artist and arts assistant for anyone living with long term health conditions and/or facing social isolation	looking well studios. Call before attending	Fridays am	Lynda Graveson	015242 62672	office@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Those with poor mental health/ long term health conditions	Support	BEN

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33	Bentham Singing for all	Singing group led by	Pioneer projects, looking well studios.	Fortnightly Wednesdays 8-9.30pm	David Burbidge	01539 621166		www.pioneerprojects.org.uk	Everyone	Social	BEN
34	Bentham Playing Fields Association	Playing field management and maintenance			Lisa Guy	015242 61387			Everyone	Charity	BEN
35	Bentham Stay and Play	Storytime with art activity for under 5's	Pioneer Prjects	Term time 9-11	Lynda Graveson	015242 62672	office@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Under 5's	Social	Ben
36	Bentham Theatre Group	Put on shows	Town Hall Station Rd		Sue Halsall	015242 62083	sue.halsall@yahoo.co.uk		Everyone	Society	BEN
37	Bentham Tourism Office	Information on local and surrounding places, and accommodation	Town Hall, Station Rd.	April to October Mon - Fri 10 - 2 Saturday 10 - 12	Debs Hawkins	015242 62549	wynnstay@talk21.com	www.benthamtown.co.uk/bentham-town-hall/	Everyone	Information	BEN
38	Bentham Town Council	Council Business	Town Hall Station Rd	Mon - Wed 09.30 -noon	Mrs HJ Burton	015242 62587	townclerk@benthamtowncouncil.co.uk	www.benthamtown.co.uk/bentham-town-hall/	Everyone	Support	BEN
39	Bentham Town Hall	Halls for Hire for events	Station Road Bentham		Debs Hawkins	015242 62587	wynnstay@talk21.com	www.benthamtown.co.uk/bentham-town-hall/	Everyone	Venue	BEN
40	Creative Community Hub'	Drop in Social, crafts, café, community lunch at 1pm	Looking Well studio	Tuesdays 10.30 -1pm	Lynda Grayson	015242 62672	office@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Everyone	Social	BEN

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41	Bentham Women's walking group	Guided walks with leader to promote well-being	Lairgill Car park (Butts lane) Springfield (on road out of Bentham to Clapham .	Mondays 9.20	Lynda Grayson	015242 62672	office@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Local women	Social	BEN
42	Bentham Youth Cafe	Youth Club for 8-15 year olds to help develop skills and provide recreational leisure time activity			Rev Anne Russell	015242 61609 or 07528 572072	revanne@ingleborough@gmail.com	Facebook Bentham Youth Cafe	8-15 Year olds	Society	BEN
43	BEST Bentham Environmentally Sustainable Town	Promoting and facilitating environmentally friendly activities locally and wider.	Green Café at Looking Well studio.	Monthly in Winter Dates in Bentham News	Annie Neligan	015242 64886	annieneligan@cooptel.net	www.greenbentham.org.uk/	Everyone	Society	BEN
44	Bloomin Bentham	litter-picking, weeding, planting or clearing up around our market town and station.			Shirley Brown	015242 61608	shirleybrown1@btinternet.com		Everyone	Society	BEN
45	Blue Moose Dance Company	Mature Movers Dance Classes	Bentham town hall	Tuesdays 9:00am - 10:00am	Zanna Dennis	07896 133716	hello@bluemoosedance.org.uk	www.bluemoosedance.org.uk	55 years +	Social	BEN
46	Blue Moose Dance Company	Adults Contemporary Ballet Class	High Bentham Town Hall	Tuesdays 10.5-11.45	Zanna Dennis	07896 133716	hello@bluemoosedance.org.uk	www.bluemoosedance.org.uk	Adults	Social	BEN
47	Book swap		Low Bentham Victoria Institute	10-12 every 2nd Saturday	Andrea Tuohy	015242 62637, 63162	andreatuohy@btinternet.com		Everyone	Social	BEN

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48	Bridge Club	Bridge club	Based at the Burton Pavillion	Mondays 7-9.30	Anne Wilson	015242 62200	stephenruthbrown@yahoo.co.uk	-	Everyone	Society	BIL
49	Clubbercise	Fitness	Bentham town hall	Weds 7-8pm	Alison Murfin	07966 718944	alisonmurfin@hotmail.com		Everyone	Health	BEN
50	Coffee Morning	Social	Bentham town hall	Saturdays 10-12	Christine Downey	015242 62587	coordinator@benthamtowncouncil.co.uk		Everyone	Social	BEN
51	Coffee Morning	Social	Bentham Methodist Church	10-11.30 Wednesdays	Stephen Caddy	015242 61257	Stephen.caddy@methodist.org.uk	http://www.settlemeethodistcircuit.org.uk/high-bentham	Everyone	Social	BEN
52	Community Bonfire	Bonfire and Fireworks organisation		Late October event			https://www.facebook.com/BenthamBonfire/	https://www.facebook.com/benthambonfire	Everyone	Social	BEN
53	Community Link cafe	Weekly group to entertain elderly people with lunch	Low Bentham Victoria Hall	Mondays 12-14.00, Wednesdays 11.30 -14.00	Andrea Tuohy	015242 62637, 63162	andreatuohy@btinternet.com		Everyone	Social	BEN
54	Craft Group	Crafts	Wenningdale Room, Bentham Town Hall	Tuesday morning 10-12	Jenny Durrant	015242 62501	chippy99@btinternet.com		Everyone	Social	BEN
55	Craven Transport	NYCC Taxi bus	Bentham Station			01609 780780	customer.services@northyorks.gov.uk		Everyone	Support	BEN
56	Welcome-In Dominoes and Tea	Games and tea/coffee	Bentham Methodist Hall	Thursdays 10-11.30-fortnightly	Linda Ellershaw	015242 61523		http://www.settlemeethodistcircuit.org.uk/high-bentham	Everyone	Social	BEN

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57	Easter Egg Hunt	Childrens Easter egg hunt	Bentham Golf Club	Easter Sunday Annually	Isabel Marshall	015242 62455	golf@benthamgolfclub.co.uk	www.benthamgolfclub.co.uk	Everyone	Social	BEN
58	Ewecross Historical Society	Education of the public in historical matters, mainly local history. Primarily through lectures and visits	Methodist church Station Rd Bentham.	Last Mondays Sept to April (not Dec) 7.30	John Wilson	033300 62270	j.r.wilson@cantab.net	www.ewecrosshistoricalsociety.wordpress.com	Everyone	Society	BEN
59	Friends of Bentham Station	Supporting the needs of the station and passengers	Bentham Station	second Friday of alternate months Feb, Apr, Jun, Aug, Oct and first Friday Dec, at Bentham Station at 10:30 am	Gerald Townson	015242 98940	frobenthamstation@icloud.com	www.friendsofbenthamstation.btck.co.uk/	Everyone	Support	BEN
60	Goodenber Play area	Voluntary group Maintaining the play area in Goodenber Road		Ad hoc meetings	Charlotte Mouncey	07805 870186	https:// www.facebook.com /Goodenber-Play- Area-Bentham-189597987807188/	-	Everyone	Charity	BEN
61	Helen Howard school of dance	Dance classes	Low Bentham Victoria Institute,	Mondays 6.15-7.45, Tues 3.45-9pm, Wed 4-8pm in term time		07789 383568	helenhowarddance@gmail.com	http:// www.helenhowarddance.co.uk/	Everyone	Social	BEN

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62	High Bentham Rounders	Matches and Training			Ingrid Ellershaw	015242 62345			Everyone	Society	BEN
63	High Bentham WI	Providing chance to build new skills and social meeting of local women. Educational talks monthly on different subjects	Town Hall	First Thursday of the month at 7.30	Kathleen Kelly	015242 61693	tortmam@yahoo.co.uk	https://www.the-wi.org.uk/become-a-member/structure-of-the-wi/england/lancashire/find-a-wi/high-bentham	Everyone	Society	BEN
64	Indoor Bowls	Mat Bowling in the Hall	Bentham town hall	1-4 on Mondays	Mrs S Parks	015242 62099	park608@btinternet.com		Everyone	Social	BEN
65	Jammy Dodgers	for KS1 pupils (NISCU and Churches Together)	Bentham Primary School	Wednesdays 3.30 to 4.30	Anne Russell	07528 572072	revanne.ingleborough@gmail.com	http://www.settlemethodistcircuit.org.uk/high-bentham	Everyone	Social	BEN
66	Knit and natter	Making items	Bentham Methodists Church	2-4pm every 2 weeks	Stephen Caddy	015242 61257	Stephen.caddy@methodist.org.uk	http://www.settlemethodistcircuit.org.uk/high-Bentham	Everyone	Social	BEN

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67	Lancaster and Skipton Rail User Group (LASRUG)	Supporting passengers on the Bentham Line, the Yorkshire Dales link between Leeds and Morecambe	Bentham Town Hall	meets on the third Thursday in Jan, Mar, May, July, Nov and first Thursday in Sep. at 7:30pm	Gerald Townson (Gen Sec)	015242 61885 or 98940	gerald.townson@btinternet.com	http://www.lasrug.btck.co.uk/	Everyone	Support	BEN
68	Low Bentham Badminton Club	Badminton matches	Cedar Hose School	Tuesdays 6.15 to 7.45	Julie Bridgeman	015242 62276	Julia@lowbentham.plus.com		Everyone	Society	BEN
69	Low Bentham WI	Providing chance to build new skills and social meeting of local women. Educational talks monthly on different subjects	The Community School Low Bentham Road.	3rd Thursday 7.00pm	Christine Jennings	01524 62067	christinejennings277@hotmail.com	https://www.thewi.org.uk/become-a-member/structure-of-the-wi/england/yorkshire-north-west/find-a-wi/low-bentham	Everyone	Society	BEN
70	North Craven Age UK	Pensioners group. operates the surgery/hospital/dentist transport	Local Taxi bus service. Phone to book		Sandra Kay	01729 823066	info@ageuknorthcraven.org	https://www.ageuk.org.uk/northcraven/	Everyone	Support	BEN
71											
72	Pilates	Mind and body exercises	Bentham golf club	Wednesdays 6pm	Isabel Marshall	015242 62455	golf@benthamgolfclub.co.uk	www.benthamgolfclub.co.uk	Everyone	Health	BEN

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73	Pilates	Mind and body exercises	Methodist Church	Wednesdays 9.30 to 10.30am	Sally Horn	07977 633083	pilateswithsally@gmail.com	http://www.theiceentre.org.uk/whats-on/	Everyone	Health	BEN
74	Pioneer Projects	Charity providing activities to improve health & wellbeing throughout Craven, room with kitchen for hire, garden, library, training	Various as listed	As required	Lynda Graveson	015242 62672	office@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Everyone	Charity, Social, Support, Health	BEN
75	Settle and district Aid in Sickness Fund	The charity provides financial help to persons in short term ill health.	Settle St Johns Hall	2 meetings a year April and November	Mr Gareth Adams		settleasf@aol.com	-	Everyone	Charity	BEN
76	Slimming World	Dieting Group	Bentham Town Hall	Tuesdays at 7pm	Emma Hudson	07960 190208 (text only)	-	www.facebook.com/Bentham-Slimming-World-265037127254750	Everyone	Support	BEN
77	Snooker Club	Low Bentham Victoria Institute	Informal snooker club	Most days with membership	Andrea Tuohy	015242 62637, 63162	andreatuohy@btinternet.com	-	Everyone	society	BEN

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78	Sole to Soul	Health, holistic Podiatry, Chiropody and Therapy Centre	Grasmere Drive, Bentham, LA2 7JP	Tuesday to Saturday with early closing on Friday and Saturday, and we are closed for lunch between 1.30 and 2.30. Other times may be available by arrangement		015242 63067 or 07973 481461 Text only	marie@sole-to-soul.net	www.sole-to-soul.net	Everyone	Health	BEN
79	Springfield Bowling Club Bentham	Crown Green Bowling	Meet at the Pavillion	Wednesdays 2pm and 6pm from Mid March	Helen Cross	015242 80079	helenandandrewcross@hotmail.co.uk		Everyone	Society	BEN
80	St Boniface Catholic Church, High Bentham	Catholic Church	Mass	9.30 on Sundays	Father Frances Smith	01729 822525	stmarymichael@gmail.com		Everyone	Faith	BEN
81	St Johns Church	Bentham	Church of England	Open Every Day	Anne Russell	015242 61609	revanne@ingleborough@gmail.com	www.ingleboroughchurches.org.uk	Everyone	Faith	BEN
82	Stepping Stones	Baby and Toddler Group	Bentham Town Hall, lower hall	Wednesdays 10-11am	Ruth	015242 62574	greeny965@btinternet.com		Young families	Social	BEN

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83	Sunbeam	Support for children with Cerebral Palsy/autism and special needs	Bentham Methodists Church	Friday 1.30-3pm	Rebecca Porter	015242 63062	beckse@hotmail.com		Children with Special Needs	Support	BEN
84	Tai chi Qigong	Heath for mind and Body	Low Bentham Victoria Institute Hall	Mondays 6.15-7.45, and Clapham Village Hall Thursdays 9-10.30am Settle Monday 11.45-1.15 Limestone View Library	Tony Bennett	015242 61944	taichiqigongteacher@gmail.com		Everyone	Health	BEN
85	Toddle in	Social meeting for parents and carers with toddlers	Bentham Methodist Church	Mondays 10-11.30	June Whitfield	015242 61230	-	http://www.settlemethodistcircuit.org.uk/high-bentham	Everyone	Social	BEN
86	Victoria Institute	Halls and rooms for hire		Post Office Weds and Fri 10-12	Andrea Tuohy	015242 62637, 63162	andreatuohy@btinternet.com	-	Everyone	Venue	BEN
87	Yoga	Yoga Classes in Term time only	Bentham Primary School/ Methodists Church	Tuesdays 6-7pm in the Primary School. Fridays 6-7pm in the Golf Club	Sandra Tallon	015242 62248	sandratalon24@gmail.com	www.planetyoga.co.uk	Everyone 16 and over	Health	BEN
88	All Saints Church	Parish Church in Burton	Parish Church, Burton in Lonsdale	Sundays 8am and 11am	Rev Dennis Tate	015242 61579	revden@hotmail.co.uk	www.ingleboroughchurches.org.uk	Everyone	Faith	BIL

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89	Bentham & District Pet Rescue	A small independent animal rescue charity covering Bentham and surrounding villages			Sue Arnott		mail@benthampetrescue.org.uk	www.benthampetrescue.org.uk	Everyone	Charity	BIL
90	Burton Book Group	To meet socially and discuss books chosen by the members	In homes	every 6 weeks	Jill Peel	015242 61486	-	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Society	BIL
91	Burton Communications group	Website and Burtonian			Julie Gabriel Clarke	015242 61263	juliegc22@gmail.com	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Support	BIL
92	Burton Community Sports	All-weather Pitch Management	Burton Playing Field		Ian Parker	015242 61331	ianparker1947@gmail.com		Everyone	Society	BIL
93	Burton Film Group	Recent and older films on show	Burton Village Hall	Every Second Tuesday in Film season			-	-	Everyone	Society	BIL
94	Burton First Responders	First aid help			John Wood	015242 61646	j.peterwood@btinternet.com	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Health	BIL

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95	Burton in Lonsdale bell ringers	Campanology	All Saints Church, Burton in Lonsdale	Tuesday 7.30	Dave Hodgson	015242 61269	dave.hodgson2@tiscali.co.uk	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Society	BIL
96	Burton In Lonsdale Bowling Club	Burton Playing Field	Call for meeting times		John and Anne Mason	015242 61919	-	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Society	BIL
97	Burton in Lonsdale Burtonian Newsletter	Local news and Adverts			David & Marilyn Taylor		burton.news@gmail.com	https://www.burton-in-lonsdale.net/village-organisations	Locals	Information	BIL
98	Burton in Lonsdale Emergency plan	Scenario based contact and supports for emergencies			Andy Ive	015242 61124	andyive69@gmail.com		Locals	Support	BIL
99	Burton in Lonsdale Heritage Group	Collating the history of Burton in Lonsdale	The Punchbowl in Burton in Lonsdale	First Wednesday Bi-monthly	Maggie Bruno	015242 61616	davidmaggiebruno@gmail.com	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Social	BIL

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100	Burton in Lonsdale Sports Pavilion	Changing/showers, social room, kitchen for hire	Burton in Lonsdale Recreation Ground	Various	Sue Gregory	015242 62863	ianrt2003@hotmail.com		Everyone	Venue	BIL
101	Burton in Lonsdale Young Farmers	Club for young farmers			Mark Easterby	07582 330302	https://engb.facebook.com/Burton-in-Lonsdale-Young-Farmers-1392226187755989	https://www.burton-in-lonsdale.net/village-organisations	Youth	Society	BIL
102	Burton Methodist Church	Methodist Faith			Stephen Caddy	015242 61257	Stephen.caddy@methodist.org.uk	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Faith	BIL
103	Burton Parish Council	Local Council Business, Play area and recreation field.	Village Hall	7.30pm, 3rd Thursday in month, except August & December	Sue Gregory	015242 62863	bilparishcouncil@btinternet.com	https://www.burton-in-lonsdale.net/parish-council	Locals	Support	BIL
104											
105	Burton Table Tennis Club	Table tennis for fun	Burton in Lonsdale Village Hall	Tuesdays and Thursdays 10am	Cliff Randall	015242 62619	cliffrran1000@gmail.com		Everyone	Society	BIL
106	Burton Village Hall	Hall for Hire	Burton in Lonsdale Village Hall		Ruth Gill	015242 62014	rmgill45@gmail.com	https://www.burton-in-lonsdale.net/	Everyone	Venue	BIL

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107	Burton WI	Providing chance to build new skills and social meeting of local women. Educational talks monthly on different subjects	Burton in Lonsdale Village Hall	First Thursday of the month 7.30pm	Sue Thompson (secretary)	015242 62472	thompsonst1957@gmail.com	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Society	BIL
108	Circuit Training	Fitness Classes	Burton in Lonsdale Village Hall (winter) Rec Ground (spring/summer)	Weds 7-8pm	Mark Christie	07843 187744	markchristie101@outlook.com	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Health	BIL
109	Coffee Morning	Social	Burton in Lonsdale Methodist Church Room	Fridays 10.15-11.30			-	http://www.settlemethodistcircuit.org.uk/high-bentham	Everyone	Social	BIL
110	Concert and Cakes	Music Concert and social gathering	All Saints Church Burton in Lonsdale	4 times a year	Christine Wardle	015242 62484	concertandcakes@outlook.com	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Social	BIL
111	Dominoes Night	Playing dominoes for fun	Burton in Lonsdale Village Hall.	2nd Thursdays	Carolyn Stephenson	015242 63120	carolynstep@hotmail.com		Everyone	Social	BIL
112	Gong Bath	Holistic Healing sounds for your body		Every 2 months in Burton Village Hall	Graham or Ondrey	07484173603 or 07870 947130	ondray@hotmail.co.uk	www.ondray.co.uk	Everyone	Health	BIL
113	Karate Club	North Yorkshire Karate Club	Burton in Lonsdale Village Hall.	Fridays	6pm	07925 973694	northyorkshrekarate@hotmail.com	www.wadokai.org.uk	Everyone	Society	BIL

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114	Knit and Natter	Social and handicrafts	Burton in Lonsdale Methodist Church Room	2nd Thursday of the month	Heather Randall	015242 62619	heatran1000@gmail.com		Everyone	Social	BIL
115	Ladies Friendship Group	Social meetings	Burton in Lonsdale Methodist Church Room		Heather Randall	015242 62619	heatran1000@gmail.com		Ladies	Social	BIL
116	Lonsdale Archers	Archery Club affiliated to Archery GB	Burton in Lonsdale Village Hall and Recreation Ground	Typically Sundays 3.30-5pm (except winter) Indoors (winter) evenings Mon/Thurs 8-9pm	Mark Christie	07843 187744	markchristie101@outlook.com	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Society	BIL
117	Lonsdale Wheelers	Cycling for fun and health, affiliated to British Cycling	Meet at Burton in Lonsdale Sports Pavilion, Recreation Ground	1 st and 3 rd Sundays 9.30am (winter) 10am (except winter)	David Owen	015242 62000	djomjo@btinternet.com	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Society	BIL
119	Pals with Trowels	Gardening	The Punchbowl in Burton in Lonsdale	First Tuesday at 8pm	Kate Vose	015242 62636	langleyvose@btinternet.com	https://www.burton-in-lonsdale.net/village-organisations	Everyone	Society	BIL
120	Pensioners lunch	Social Meal	Burton in Lonsdale Village Shop	Tuesdays, Fortnightly	Village shop	015242 63397	-		Pensioners	Social	BIL

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121	Stay and Play	Meeting place for mums, dads, toddlers and babies to meet and socialise	All Saints Church, Burton in Lonsdale	Thursdays 10-12 in Term time	Rev Dennis Tate	015242 61579	revden@hotmail.co.uk	www.ingleboroughchurhes.org.uk/	Families with Young Children	Support	BIL
122	Cave Rescue Organisation	Local Rescue Services	Clapham Depot	Unmanned daily	Depot	015242 51697	secretary@cro.org.uk	https://cro.org.uk/	Everyone	Charity	CLA
123	Yorkshire Dales Millennium Trust	A small charity doing big things to sustain the landscape, environment, economy and communities of the Yorkshire Dales and surrounding area	Main St Clapham, LA2 8DP	Mon-Fri 9am-5pm	Sarah Petti-fer	015242 51002	info@ydm.org	www.ydm.org	Everyone	Charity	CLA
124	Autumn Lights Festival	Autumns event at the	I Centre Ingleton	Late October	Hannah Lambert	015242 41469	hannahlambert804@gmail.com	2017 Autumn Lights Festival - Facebook	Everyone	Social	ING
125	B4RN	Hyperfast Broadband for the area built by the community for the community			Office	01524 555887	info@b4rn.org.uk	https://b4rn.org.uk/	Everyone	Information	ING
126	Big Sing	Community singing events	Methodist Church in Ingleton,	2nd Monday of the month 1.30-3pm	Pauline Wright	01729 850802	paulinewright2009@live.co.uk		Everyone	Social	ING

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127	Bingo Group	A social Bingo afternoon	Monthly	1st Monday of the month 1.30pm	Liz Culshaw	01524241647 or 07946231778	-		Everyone	Social	ING
128	Blue Moose Dance Company	Dance Classes		Tuesdays Ingleton Primary School Juniors: 3:40 - 4:40pm Infants: 4:45 - 5:30pm	Zanna Dennis	07896133716	hello@bluemoosedance.org.uk	www.bluemoosedance.org.uk	Children	Social	ING
129	Blue Moose Dance Company	Ingleton Youth Dance classes	Ingleton Primary School	Thursdays 5:00 - 6:30pm	Zanna Dennis	07896133716	hello@bluemoosedance.org.uk	www.bluemoosedance.org.uk	11-18 yr olds	Society	ING
130	Coffee and Crosswords	A fun group to enable people who enjoy crosswords and quizzes to meet socially and test their skills	St Mary's church, Ingleton	Every Wednesday. 10 am £1 a week	Glenis Gaunt	07501161217	Glenisr30@gmail.com		Everyone	Social	ING
131	Craft Group	Craft and Chatter	Ingleton Community Centre.	Wednesday 1.15 to 3.30	Sue Brown	01524241835	b36narg79@gmail.com		Everyone	Social	ING
132	Craven Wanderers	Junior football to under 15s	Ingleton and Burton		Neil Cross		dannywenhryniuk@yahoo.com	https://en-gb.facebook.com/cravenwanderers/	Under 15's	Society	ING
133	Dancing at the centre	Social dancing	Ingleton Community Centre.	Tuesdays Tea Dance at 2-4pm, Line dancing 7-8.30pm, Ballroom 8.30 (by request)	Liz Culshaw	01524241647	elizabethculshaw@outlook.com		Everyone	Society	ING

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134	Easter Egg Hunt	Annual Easter Egg hunt	Starts at Seasons Bakery	Easter Annually			https://en-gb.facebook.com/IngletonEasterEggHunt/		Everyone	Social	ING
135	Edward Bear	Fun and faith for pre-schoolers	Ingleton St Mary Church	every 4th Monday	Nick trenholme	015242 41924	nick.trenholme@gmail.com		Pre school children and parents	Social	ING
136	I Centre	Rooms to hire for work and events	The I Centre, Ingleton		Rosemary Hartley		info@theicentre.org.uk		Everyone	Venue	ING
137	Ingleborough Archaeology Group	Archaeology of the dales	Ingleton Community Centre.	3rd Monday of the month 7.30pm	Dianne Wall		d.wall@lancaster.ac.uk		Everyone	Society	ING
138	Ingleborough Bowling Club	Crown Green Bowling	Council Car Park, Ingleton		June Haigh	015242 63226	on line form	http://bowlsclub.org/club/9369/	Everyone	Society	ING
139	Ingleborough Mencap	Mencap is a UK charity for people with a learning disability	Ad Hoc meetings, AGM November		Ralph Sullivan	015242 41885	ralph.sullivan@me.com	www.mencap.org.uk	Everyone	Charity	ING
140	Ingleborough Mountain Race	Mountain Race organised in conjunction with Ingleton Gala	3rd Saturday in July	Race is @ 3pm,	Settle Harriers	01729 825755	Chris Beesley 10 Craven Terrace, Settle, BD24 9DB beesley52@outlook.com	https://fellrunner.org.uk/races.php?id=6116	Everyone	Event	ING
141	Ingleborough Nursing Home	Residential Care home	1 High St Ingleton		Office	015242 41593	info@ingleboroughnursinghome.co.uk	www.ingleboroughnursinghome.co.uk/	Elderly	Support	ING

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142	Ingleborough WI	Providing chance to build new skills and social meeting of local women. Educational talks monthly on different subjects	Ingleton Community Centre	7.30 second Monday of each month	Jennifer Charnley (president) Liz Evison (secretary)	015242 42395/41921	ev.evison@btinternet.com		Local women	Society	ING
143	Ingleton & Thornton Old People Welfare Association	Provides Social events to over 70s in Ingleton & Thornton District Summer Outing and Christmas Party Please ask to be put onto the Invitation List	Ingleton and Thornton		Liz Culshaw	0152424 1647 or 0794623 1778	elizabethculshaw@outlook.com	-	Everyone	Social	ING
144	Ingleton 2000	(Ingleton 2000) established 1995 a voluntary organisation for the benefit of our local community. Ingleton 2000 operates the ingleton.co.uk website	Ingleton		Janice Howson	015242 42321	janicehowson@gmail.com	www.ingleton.co.uk	Everyone	Society	ING

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145	Ingleton Area Business Group	Support for local businesses	Ingleton		Sue Knowles Harling House Ingleton		On line form	http://www.thisisingleton.co.uk/directory/services/ingleton-area-business-group-iabg/	Everyone	Support	ING
146	Ingleton Badminton Club	Fun and sports	Ingleton Community Centre.	Juniors Weds 4pm Seniors Mon & Wed 7pm	Emma Cornthwaite	015242 41796	e.cornthwaite@live.com	http://lancasterbadminton.com/Clubs/Details.asp?ClbID=166	Everyone	Society	ING
147	Ingleton Community Centre	Community Building with rooms to hire	Ingleton Community Centre	Open Daily	Jayne Lis	015242 41701	jlis@hotmail.co.uk		Everyone	Venue	ING
148	Ingleton Community Library	Library, Information, E Books, Online resources, Local studies, Free Wifi, Home library, Storytimes, Reading groups, homework clubs, Bus passes, room hire etc	Ingleton Community Centre	Monday, 9am to 7pm Tuesday, 9am to 4pm Wednesday, 9am to 6pm Thursday 9am to 4pm Friday 9am to 5pm Saturday 10-12 noon Sunday closed. Story time and crafts 2pm 2nd wed of the month, IT help sessions every Monday 10-12pm. 1st Wed 6pm, Book group	Jayne Lis Jayne Lis Penny Weaire	01609 534504 or 015242 41701	Ingletonlibrary@gmail.com	https://www.northyorks.gov.uk/in-ingleton-community-library	Everyone	Social	ING

148b	Home Library Service Free delivery of free books,	audiobooks, music CDs, DVDs and information delivered by volunteers to the homes of people who find it difficult to get to their library.			Karen Allsopp	Leave a message on 01609 534564	Ingletonlibrary@gmail.com	https://www.northyorks.gov.uk/home-library-service	Everyone	Social	ING
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149	Ingleton Cricket club	Cricket practice and matches in season	Ingleton Community Centre	Vary by age, usually agreed for season each april	David McGonnigal	07969 689657	David.mcgonnigal@gmail.com	https://www.facebook.com/groups/62919043081/ http://ingletoncc.play-cricket.com/	Everyone	Society	ING
150	Ingleton Emergency Plan	Emergency planning for Ingleton area					-		Everyone	Support	ING
151	Ingleton Evangelical Church	Evangelical church	The Icentre	10:45am on a Sunday morning Toddlers 9.15 to 11am Friday mornings. , and 6:30pm the same day in our own building on Laundry Lane.	Jim Day	015242 41489	On line form		Everyone	Faith	ING
152	Ingleton Football club	Training and Matches	Community Centre playing Field		Peter Boardman	07941 887857	On line form	https://secure.pitchero.com/clubs/in	Everyone	Society	ING

								ingletonfc/contact/contact-official-15659			
153	Ingleton Gala	Organises the annual gala in Ingleton	3rd Saturday in July		Beryl Morphett		info@ingletongala.org.uk	-	Everyone	Event	ING
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154	Ingleton Good Neighbours Scheme	Provide free assistance and help to residents who need help in repairs, gardening etc	10, Three Peaks Park		James Gaunt	07594 888380	jgigns@yahoo.com		Everyone	Support	ING
155	Ingleton Gymkhana	Horses and pony show			Beryl Morphett	015242 42182	bezbunt@googlemail.com	-	Everyone	Social	ING
156	Ingleton Horticultural Association	Flower and Vegetable growers			Mauricia Alldred	01524 242362	ma@newvillage.plus.com		Everyone	Society	ING
157	Ingleton in Bloom	Floral displays Ingleton	The Wheatsheaf	Wednesdays monthly 1pm					Everyone	Society	ING
158	Ingleton IRCA (Ingleton Rural Community Association)	To provide education and facilities for the social welfare of the inhabitants of Ingleton and the neighbourhood. Individual organizations can be represented	Ingleton Community Centre.	3rd Monday of Month 7.30pm	Liz Tilburn	017298 25033 or 079395 51875	liz.tilburn@yahoo.co.uk		Everyone	Charity	ING

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159	Ingleton Jelly Co-working meeting	an informal co-working event where freelancers, home workers and small/micro business owners bring their laptop or other work and work, chat and collaborate with other small business owners.	i centre, Ingleton	3rd Thursday of each month, 5.30 pm – 7pm	Anne Hogg	07428 184167	info@theicentre.org.uk	http://www.uk-jelly.org.uk/contact-us/	Everyone	Support	ING

160	Ingleton Methodist Church	Christian Church	Ingleton Methodist Church	Sundays at 10.30am, Coffee Mornings Fridays 9.30, Pre school Play Tuesdays 2pm in term time, Baby clinic weds Fortnightly 10.15-11.30. Music Time Weds 9.30am to 10.30am term time only	Rev Tim Broughton	01729 822554	hello@ingletonMethodistchurch.org.uk michelle@audioworks.co.uk	www.ingletonmethodist.org.uk	Everyone	Faith	ING
161	Ingleton News	Local news and Adverts		published bi monthly	Jayne Lis	015242 41701	Jlis@hotmail.co.uk		Locals	Information	ING
162	Ingleton Parish Council	Council Business	Ingleton Community Centre	1st Monday of the month 7pm	Alison Hack	015242 42391	ahack@btopenworld.com		Everyone	Support	ING
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163	Ingleton Rounders Club	Rounders Games	Primary School playing field		Emma Cornthwaite	015242 41796	e.cornthwaite@live.com		Everyone	Society	ING

164	Ingleton Save a life Defibrillator Project	The aim of Ingleton's Save a Life Project is to have an effective community of people in Ingleton who are able to resuscitate in a cardiac arrest situation	Email and meetings as needed	<p>Richmond House, Hawes Road. LA6 3AN,</p> <p>Primary School, Low Demesne, LA6 3DY,</p> <p>2 New Village, LA6 3DG,</p> <p>Stacksteads Leisure Centre, Tatterthorn Lane, LA6 3HS,</p> <p>icentre, Back Gate, LA6 3BT,</p> <p>Summerlands, Cold Cotes, LA2 8HZ,</p> <p>Village Square, High Street LA6 3EB</p> <p>H & M Craftsmen, The Industrial Estate, LA6 3NU (off the A65)</p> <p>The Community Centre Main Street LA6 3HG</p> <p>The Old Hill Inn Chapel Dale LA6 3AR</p>	Laraine Sullivan	015242 41885	Laraine.sullivan@me.com	www.ingleton.co.uk	Everyone	Health	ING
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165	Ingleton Scouts	Adventures and life skills for 6-18 year olds, plus opportunities for adult volunteers as leaders, supporters, administrators, etc.	Mealbank Hall in Mealbank Quarry, off Oddies Lane.	Mondays, Tuesdays and Wednesdays	District Commissioner & Deputy District Commissioner		ddc.ingleborough@nys.org.uk dc.ingleborough@nys.org.uk	www.ingleborough-scouts.org.uk Twitter and Facebook: @IngleboroScouts	6-80+ year olds, male and female	Society	ING
166	Ingleton Theatre Group	Annual Pantomime and other theatrical events	Ingleborough Community Centre, Ingleton	Thurs Sept to Feb 8-10pm and Sundays Jan to March 10.30am-12.30pm	Jayne Lis	015242 41701	ingletonpanto@gmail.com		Everyone	Society	ING
167	Ingleton Tourist Information	Information on local and surrounding places, and accommodation	Ingleton Community Centre	Open Daily 10-16.30		015242 41049	ingletontic@btconnect.com	http://www.ingleton.co.uk/inginfo.asp	Everyone	Information	ING
168	Ingleton Toy Library	Toy Loans	Ingleton Community Centre	Monday, 9am to 7pm Tuesday, 9am to 4pm Wednesday, 9am to 6pm Thursday, 9am to 4pm Friday, 9am to 5pm Saturday, 10am to 12 noon Sunday, closed		01609 534504	communitylibraryingleton@outlook.com		Everyone	Social	ING
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169	Ingleton and District Twinning Group	Promote links with La Chappelle de Marias the twin town in France	Various events		Margaret Cowling	015242 63175	-		Everyone	Social	ING
170	IRCA film Nights	Watch films	Ingleton Community Centre	See Ingleton New for dates	Jayne Lis	015242 41701	jlis@hotmail.co.uk		Everyone	Social	ING
171	Jenkins Lodge	Residential Care home				015242 41745	-	https://www.carehome.co.uk/carehome.cfm/search?z-ref/10004020JEN_A	Those with mental health Issues	Support	ING
172	Keep Fit Classes	Fitness	Ingleton Community Centre	Monday 10-11am	Liz Culshaw	015242 41647	elizabethculshaw@outlook.com		Everyone	Health	ING
173	Language school	French and Spanish Classes	I Centre Ingleton	See website for times	Karen Lackenby	07788 935684	karen.lackenby@gmail.com	http://www.theicentre.org.uk/whats-on/	Everyone	Social	ING
174	Mealbank Hall	Large hall with catering kitchen and meeting room that can seat 60	Off Oddies Lane, Ingleton				dc.ingleborough@nys.org.uk	www.ingleboroughscouts.org.uk	Everyone	Venue	ING
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175	Meet and Make	Making items to sell for the church roof fund	Ingleton St Mary Church	Fortnightly in summer, Last Monday in Winter	Rev Nick Trenholme	015242 41924	Nick.trenholme@gmail.com		Everyone	Social	ING
176	NSPCC	National Society for the Prevention of Cruelty to Children	Late night Shopping 3rd Sat in Dec, Table top sale (October dates TBA) Open Gardens Last weekend in June Jumble Sale April		Beryl Morphet	015242 42182	bezbunt@googlemail.com		Everyone	Charity	ING
177	Operation Home Guard Ingleton 1940's weekend	To boost trade and visitor numbers to village. Activities and events to engage the community	First weekend in July	Village Centre	Tony Dodwell	07834 55224 01524241 683	cdodwell@hotmail.co.uk	www.ingleton40s.co.uk	Everyone	Social	ING
178	Over 60's club	Whist and Dominoes	Ingleton Community Centre.	Thursdays 2pm	Olive Gowland	015242 41957	-		Everyone	Social	ING
179	Over-ground Under-ground	The Festival of the Ingleborough Dale.				015242 41843	ogufestival@gmail.com	http://www.ogug.co.uk/	Everyone	Social	ING
180	Pilates	Keep fit classes	I Centre Ingleton		Sally Horn	07977 633083	pilateswithsally@gmail.com	http://www.theicentre.org.uk/whats-on/	Everyone	Health	ING
181	Quarry Arts	Courses in quarrying and history	I Centre Ingleton	Courses arranged when requested	Bobbie Mil-lar	0775 3871770	bobbie@quarryarts.org.uk	http://www.quarryarts.org.uk	Everyone	Social	ING
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182	Scottish Country Dancing	To promote Scottish country Dancing, friendship and physical and mental health	Ingleton Community Centre	Wednesday at 7.30pm-9.30	Mary Taylor	015242 61672	Mary.taylor.40@btinternet.com		Everyone	Society	ING
183	Sheafstock	Annual Music & Beer Festival	Ingleton Cricket Club @Wheatsheaf Hotel	Easter Friday, Saturday and Sunday	Office	07901 937852	-	https://www.facebook.com/sheafstock/	Everyone	Event	ING
184	Shopping Shuttle	Ingleton to Kirkby Moor-side	CALL FOR REGISTER-ING	Fortnightly	Sandra Kay	01729 823066	info@ageuknorthcraven.org	-	Everyone	Support	ING
185	St Leonards Church	Church of England Parish church open for Worship	Chapel le Dale	Sundays 3pm	Rev Nick Trenholme	015242 41924	nick.trenholme@gmail.com	www.ingleboroughchurches.org.uk/	Everyone	Faith	ING
186	St. Mary's Church Ingleton	Church of England Parish church open for Worship	St. Mary's Church Ingleton	Sundays 8 am and 10.30 am	Rev Nick Trenholme	015242 41924	nick.trenholme@gmail.com	www.ingleboroughchurches.org.uk/	Everyone	Faith	ING
187	Swimming Pool	Ingleton open air swimming Pool	Ingleton Riverside Park	May to September	Office	015242 41701/41107	On line form	https://www.ingletonpool.co.uk/	Everyone	Venue	ING
188	Tap Dancing	Learn to tap dance and have fun	Ingleton Community Centre.	5pm Mondays	Liz Culshaw	015242 41674	elizabethculshaw@outlook.com		Everyone	Society	ING
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189	Yorkshire Dales Pilates	Mind and body exercises	I Centre	Every week-day	Jess Bagnall	07754 792952	-	http://www.yorkshiredalespilates.com/	Everyone	Health	ING
190	Action Towards Inclusion	Part of the building better opportunities Programme to avoid social exclusion	Your Consortium Chain Lane, Knaresborough, HG50AS		Office	01423 795300	ati@yourconsortium.org	www.yourconsortium.org	Everyone	Support	KNA
191	<u>Lancashire Care NHS Foundation Trust</u>	The services provided include community services such as health visiting, podiatry, sexual health and dentistry as well as inpatient and community mental health Services			Office		-	www.lancashirecare.nhs.uk	Everyone	Health	LAN
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192	More-cambe Bay Clinical Commissioning Group (MBCCG)	Led by GPs who decide where and how local NHS services (including hospital, community and mental health services) should be delivered across More-cambe Bay			Office		-	http://www.morecambebayccg.nhs.uk/	Everyone	Health	LAN
193	North Craven Heritage Trust	Helping to safeguard the distinctive heritage, character and beauty of North Craven in North Yorkshire	NCHT Administration c/o Friends of the Dales, Canal Wharf, Eshton Rd, Gargrave BD23 3PN		Office	01756 749400	-	www.NorthCravenHeritage.org.uk	Everyone	Charity	LAN
194	<u>North West Ambulance Service</u>	North West Ambulance Service NHS Trust provides 24 hour, 365 days a year accident and emergency services to those in need of emergency medical treatment and transport.			Office	999, 111	-	www.nwas.nhs.uk	Everyone	Health	LAN
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195	Stagecoach Buses	Local Bus times			Helpline		-	https://bustimes.org/services/80-lancaster-ingleton www.yorkshiretravel.net/	Everyone	Information	LAN
196	University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT)	Royal Lancaster Infirmary, Furness General Hospital in Barrow and Westmorland General Hospital in Kendal - It is also responsible for outpatient services at Queen Victoria Hospital in Morecambe			Office		-	http://www.uhmb.nhs.uk/	Everyone	Health	LAN
197	Citizens Advice bureau	Citizens Advice bureau	Settle Health Centre Townhead, Settle, North Yorkshire, BD24 9HZ and Bentham Medical Practice	Monday 10-13.00	Office	03444 111444 call 01756 790225 and leave a message	-	http://www.citizensadvice.org.uk/cravenandharrrogate-districtscab	Everyone	Support	SET
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198	Creative art for those living with dementia - Settle	The group offers a range of creative activities where taking part builds confidence, friendships form and new skills are developed	Friends meeting house Settle	Wed Am CONTACT FOR TIMES	Jack Parkinson	015242 62672	jack@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Those living with Dementia	Support	SET
199	Creative Respite day	Safe stimulating day for those living with dementia. Includes care worker for personal care, and lunch		Settle 10-3	Jack Parkinson	015242 62672	jack@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Those living with dementia	Support	SET
200	Creative respite day for those living with Dementia-Settle	Respite for carers. A stimulating relaxed safe and fun environment for people with dementia	St Johns Methodist Hall, Settle.	Weekly on Thursdays. CONTACT FOR TIMES	Jack Parkinson	015242 62672	jack@pioneerprojects.org.uk	www.pioneerprojects.org.uk	Carers	Support	SET
201	Drill Hall	Large hall with small kitchen	Drill Hall, Castlebergh Lane, Settle		Booking Secretary: Cherry Flitcroft	015242 51702	cherry.ann.f@gmail.com	www.ingleboroughscouts.org.uk	Everyone	Venue	SET
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202	Ribble Care	Ribble Care offer a range of Quality Assured services designed to enable you to live Independently in your own home. We provide Care in Settle, Bentham & surrounding areas			Office	01729 822511	info@ribblecare.co.uk	www.ribblecare.co.uk	Everyone	Support	SET
203	Settle District U3A	University of the third age	Various events and courses		Barbara Herring		barbaraherring@hotmail.com	www.settledistrictu3a.org.uk	Retired Folk	Social	SET
204	Settle Photographic Group	Society for people of all ages interested in cameras, photography and digital processing	Usually at Townhead Court, Settle, with regular outdoor visits	3rd Monday at 7.30 and 1st Monday Oct to April	Secretary		secretary@settlephotos.org	www.settlephotos.org	Everyone	Society	SET
205	Settle Scouts	Adventures and life skills for 6-18 year olds, plus opportunities for adult volunteers as leaders, supporters, administrators,	Drill Hall, Castlebergh Lane, Settle	Wednesdays, Thursdays, Fridays	District Commissioner & Deputy District Commissioner		ddc.ingleborough@nys.org.uk dc.ingleborough@nys.org.uk	www.ingleboroughscouts.org.uk Twitter and Facebook: @IngleboroScouts	6-80+ year olds, both male and female	Society	SET
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206	Swimming Pool	Settle area swimming pool	Settle		Office	01729 823626	info@settleswimmingpool.co.uk	www.settleswimmingpool.co.uk	Everyone	Venue	SET

207	Action Towards Inclusion	Craven College Programme for 18 year olds who are allowed to work in the UK	Craven College		Office	01756 693317	mbanks@craven-college.ac.uk	www.youconsultium.org	Everyone	Support	SKI
208	Avalon Group	A care quality commission (CQC) registered social care Charity providing personalised, safe support in the community			Office	01756 793129	skipton@avalongroup.org.uk	www.avalongroup.org.uk	Everyone	Charity	SKI
209	Carers Resource	A voluntary organisation providing support to those who care for a relative	Bentham golf club	Monthly	Office	01756 700888	-	www.carersresource.org	For carers	Support	SKI
210	Craven District Council	Local council		Mon-Fri 9-5pm	Office	01756 700600	contactus@cravenc.gov.uk	www.cravenc.gov.uk	Everyone	Support	SKI
211	Northern Rail	Local train times			Helpline		-	www.northernrailway.co.uk/travel/timetables	Everyone	Information	SKI
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212	Yorkshire Housing	Council housing			Office	0345 366 4404, or 0113 825 6000	-	https://www.yorkshirehousing.co.uk/homes/rent/	Everyone	Support	SKI

216	St Oswalds Church	4 coffee mornings a year to fund-raise			Rosemary Hartley	015242 42207	rosemaryhartley4@gmail.com	www.ingleboroughchurches.org.uk/	Everyone	Faith	TIL
217	Thornton Parish Council	Parish Council for Thornton in Lonsdale		Bi monthly in Westhouse Village Hall Mondays	Sheila Hunter	015242 41305	thorntoninlonsdaleparishclerk@hotmail.com	http://www.thorntoninlonsdale.co.uk/parish-council.html	Everyone	Support	TIL
218											
219											
220	Thornton in Lonsdale Save a Life	Defibrillator installations	Westhouse Village Hall, Garage wall by telephone in Masongill, Disused Phone box by the Marton Arms			15242 41344			Everyone	Health	WES
221											
222	Westhouse Village hall	Hall for hire			Lin Lawson	015242 41334	-		Everyone	Venue	WES
223	Yorkshire Ambulance Trust	Supporting Yorkshire Ambulance NHS Trust	All of Yorkshire Including Craven		Office	01924 584567	foundationtrust@yas.nhs.uk	www.yas.nhs.uk	Everyone	Information	YOR
225	Peer talk	Peer support for those living with depression	Tuesday at the Folly, Settle	7.30-9.30pm	Liz Whitfield	07908 493880	admin@peertalk.org.uk	www.peertalk.org.uk	Adults	Charity	SET

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226	Bentham singing along	Singing	Looking Well	Wed 11-12.30	Caroline McCarthy	07847 586039	Jack@pioneerprojects.co.uk	www.pioneerprojects.org.uk	Everyone including dementia	Social	BEN
227	Tatham History Society	Local history education	3 lectures Nov-Dec Sat	7.30	Mike Winstanley	015242 21277	mail@tathamhistory.org.ok	www.tathamhistory.org.uk	Everyone	Society	TAT
228	Ingleborough Warriors Walking Football	Sport for all	Astro Turf Ingleton	Wed 7.30	Sam Perkins		Ingleton3g@gmail.com	https://www.facebook.com/groups/412843125989635	Everyone	Sport	ING
229	Ingleton Village Band	Music Group	Call for details	Call for details	Carol Lowe	07773889 995	clowe20@btinternet.com		Everyone	Music	ING
230	Dementia Forward	For those concerned about Dementia			Jill Quinn	03300 578592/ 01765 601224	info@dementiaforward.org.uk	www.facebook.com/dementiaforward	Everyone	Health	All
231	Local News Correspondent	Local News			Glenis Gaunt	0750116 1217	glenisr30@gmail.com		Everyone	News	ING
232	Medical Practice Patient Representative Group	5 meetings a year			Lorraine Crossley	01524 734486	lorrainecross1952@btinternet.com				
233	UHMBT and represent Lancashire and North Yorkshire				Lorraine Crossley	01524 734486	lorrainecross1952@btinternet.com				

